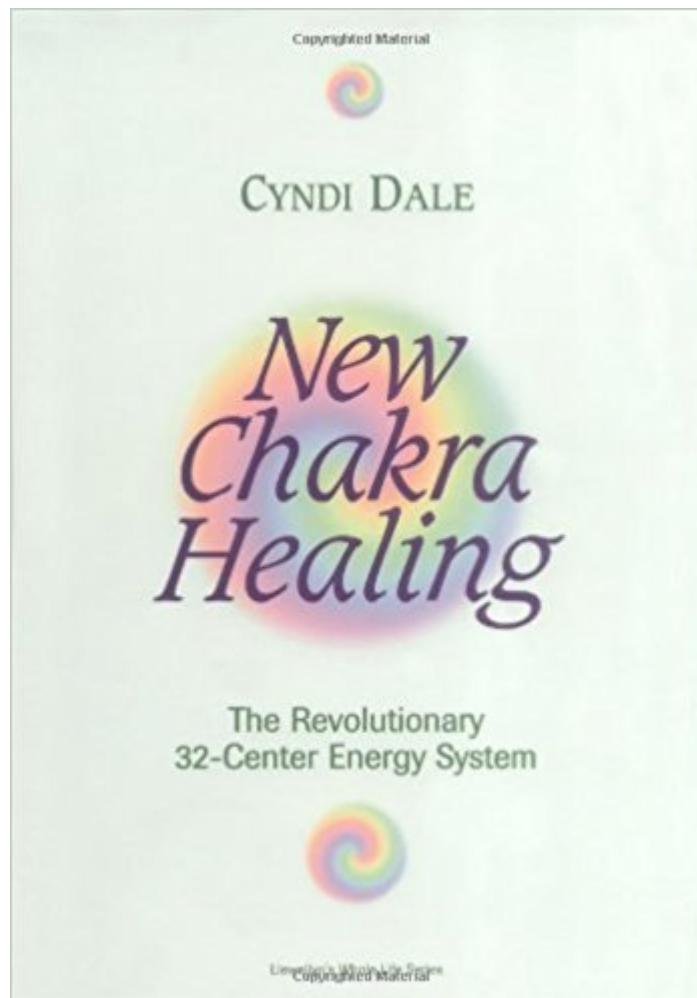




The book was found

New Chakra Healing: Activate Your 32 Energy Centers (Llewellyn's Whole Life)



Synopsis

New Chakra Healing begins where the traditional seven-chakra system leaves off. Cyndi Dale explains how to work with the energy of the back sides of the chakras, as well as 20 other spiritual energy points. This innovative book also reveals a unique blend of psychological and spiritual healing techniques the author has used to treat thousands of clients-often with dramatic results. Included are step-by-step methods to remove internal energy blocks which manifest stress, addictions, low self-esteem, money and relationship problems, depression, and chronic pain or illness. By working with chakras and spiritual energy fields, readers can heal all resistance to living a successful life.

Book Information

Series: Llewellyn's Whole Life

Paperback: 304 pages

Publisher: Llewellyn Publications; 1 edition (May 8, 1996)

Language: English

ISBN-10: 1567182003

ISBN-13: 978-1567182002

Product Dimensions: 10.1 x 7 x 0.7 inches

Shipping Weight: 1.2 pounds

Average Customer Review: 4.7 out of 5 stars 13 customer reviews

Best Sellers Rank: #607,402 in Books (See Top 100 in Books) #329 in Books > Religion & Spirituality > Hinduism > Chakras #588 in Books > Religion & Spirituality > Occult & Paranormal > Parapsychology > ESP #839 in Books > Health, Fitness & Dieting > Alternative Medicine > Energy Healing

Customer Reviews

The familiar seven-chakra system of energy in the body was just the beginning of our understanding of the holistic human. Now, in New Chakra Healing, Cyndi Dale greatly expands upon this traditional knowledge. She provides a complete picture of thirty-two human energy centers: twelve chakras within and outside of the body, plus twenty other energy points that exist on the spiritual plane. New Chakra Healing is loaded with original concepts and reliable, hands-on methods for removing energy blocks, supported by real-life examples from the author's successful counseling practice. You can use these revolutionary methods and exercises to heal disturbances and disruptions in your subtle energy bodies such as auras and rays, and you can even use these approaches to

change your karma! With the practical techniques given in New Chakra Healing you will be able to make use of all your energy points and spiritual bodies, perhaps for the first time ever, and experience holism in your life.

Cyndi Dale (Minneapolis, MN) is an internationally renowned author, speaker, healer, and business consultant. She is president of Life Systems Services, through which she has conducted over 35,000 client sessions and presented training classes throughout Europe, Asia, and the Americas. Visit her online at CyndiDale.com.

This is the only book I have found that covers these additional 32 (plus 1) chakra secondary spinal vertebrae energy centers. The illustrations and explanations are very clear and accurate. The only difficulty I have is being able to incorporate this additional information into my healing or energy application. The rest of the book covers similar ground to Cyndi's other books on the basic chakras and their healing attributes. Only purchase this if you desire these additional details.

I am a Yoga Teacher and Reiki Master and have been working with Chakras for many years. I was surprised and delighted to read New Chakra Healing and discover that many of the same areas I was feeling a great deal of energy over were actually chakras. Cyndi Dale is a wonderful writer, giving you lots of technical information in an easy to understand way. The pictures are great too. I highly recommend this book to any energy worker, even if you think you already know all about chakras. You may be surprised.

I recently ordered the book New Chakra Healing recommended by the great people at The Whole Center in Lone Tree CO and it has helped heal me on so many levels including emotionally, mentally, and physically. I have also ordered many other products and have received treatment from Whole Health Center and I have nothing to say other than positive reviews. Marcy the manager is a delight and all of the treatments are wonderful. I would recommend Whole Health Center in Lone Tree CO to anyone searching for healing in their life. Thank you.

There is a lot of new information, beyond just the basic 7 chakras for me to learn. I love the color pictures in the center of the book and the few pictures throughout the book. I am much more of a visual learner, so I do not particularly care for the overall layout of the book. It appears to be a little jumbled to me, but the information it contains is very interesting.

Cyndi Dale goes into greater depth and height regarding the Chackras, to which I had previously been introduced, but in a condensed manner. This author is quite knowledgeable. I haven't read all of it yet, but I am very impressed so far.

Cyndi Dale has an unusual knowledge which goes further than the mainstream knowledge about energy. It is very readable and applicable.

Love Cindy Dale. she writes clearly and understandably and I always learn something from her books. I would recommend this one to healers.

Excellent

[Download to continue reading...](#)

New Chakra Healing: Activate Your 32 Energy Centers (Llewellyn's Whole Life) Whole: The 30 Day Whole Foods Challenge: Complete Cookbook of 90-AWARD WINNING Recipes Guaranteed to Lose Weight (Whole, Whole foods, 30 Day Whole ... Whole Foods Cookbook, Whole Foods Diet) Healing: Reclaim Your Health: Self Healing Techniques: Fasting, Meditation, Prayer, Healing Medicine, and Energy Work (Channeling, Shamanism, Chakra Healing, ... Qigong Healing, Ayahuasca Book 1) Chakras: Chakras :Learning To Balance Your Chakras Made Simple (Chakra Alignment ,Chakra Healing, Chakra Balancing Book 1) Reiki: The Healing Energy of Reiki - Beginnerâ™s Guide for Reiki Energy and Spiritual Healing: Reiki: Easy and Simple Energy Healing Techniques Using the ... Energy Healing for Beginners Book 1) Whole Food: The 30 Day Whole Food Challenge â“ Whole Foods Diet â“ Whole Foods Cookbook â“ Whole Foods Recipes (Whole Foods - Clean Eating) Chakras: Pleasure Guide: Couples Healing; For Lovers (Chakra Balancing, Energy Healing, Couples Therapy, Tantric, Kama Sutra, Couples Therapy, Chakra) Crystals and Gemstones: Healing The Body Naturally (Chakra Healing, Crystal Healing, Self Healing, Reiki Healing) Crystals: The Ultimate Guide To: Energy Fields, Auras, Chakras and Emotional Healing (Aura, Healing Stones, Crystal Energy, Crystal Healing, Energy Fields, Emotional Healing, Gemstone) Chakras: Activate Your Internal Energy Centers And Heal Yourself - The Complete Guide To Chakras For Beginners: Balance Your Body, Mind And Soul Chakra for Sex: Harnessing the Sexual Energy: Lessons, Poses and Exercises to Open up Your Sacred Chakra and Improve Your Sex Life: Sex Improvement, Book 2 Whole Food: The 30 day Whole Food Ultimate Cookbook 100recipes (Whole Food Diet, Whole Food Cookbook,Whole Food Recipes, Clean Eating, Paleo,

Ketogenic) Healing Words: 55 Powerful Daily Confessions & Declarations to Activate Your Healing
& Walk in Divine Health: Strong Decrees That Invoke Healing for You & Your Loved Ones
CHAKRAS: Chakras for Beginners - Awaken Your Internal Energy and Learn to Radiate Positive
Energy and Start Healing (Chakra Meditation, Balance Chakras, Mudras, Chakras Yoga) Llewellyn's
Complete Book of Chakras: Your Definitive Source of Energy Center Knowledge for Health,
Happiness, and Spiritual Evolution (Llewellyn's Complete Book Series) Energy Healing, Chakra
Healing, Crystal Protection Grids, Channeling, and Reiki: A Quick Guide for Beginners Third Eye
Awakening: 3 Best Techniques to Activate your Third Eye Chakra: Increase Intuition, Clairvoyance,
Psychic Awareness, Inner Peace Wheels of Life: A User's Guide to the Chakra System (Llewellyn's
New Age Series) 30 Day Whole Food Challenge: Complete 30 Day Whole Food Diet Meal Plan
WITH PICTURES; Whole Foods Cookbook â Approved Whole Foods Recipes for Clean Eating
and Rapid Weight Loss 30 Day Whole Food Challenge: Complete 30 Day Whole Food Diet Meal
Plan WITH BLACK & WHITE PICTURES; Whole Foods Cookbook â Approved Whole Foods
Recipes for Clean Eating and Rapid Weight Loss

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)